

# Step Aerobics!



**KEEP  
CALM  
AND  
STEP  
ON**

**Ongoing Tuesdays  
& Thursdays**

7:00pm—8:00pm

James Morris School  
Gymnasium

All ages / levels welcome!

Ongoing six week sessions  
that you can join at any time!

Register at first class.

**\$42.00 per six week  
session**—checks made  
payable to: *Morris Beach  
and Recreation*

Taught by Morris resident and  
exercise guru, Cindy LaPlaca

Please feel free to call Cindy  
with any questions,  
860-567-4804

Kristen Davila 860-567-7437