

# PLEASE HELP SUPPORT THE MORRIS FOOD BANK

## ITEMS NEEDED

CANNED MEAT (TUNA, CHICKEN, SALMON)

BEANS (CANNELLINI, BLACK, RED, CHICKPEAS)

KETCHUP, MUSTARD, MAYO, SALAD DRESSING

BROTH

GRAVY

RICE

PEANUT BUTTER/JELLY

PASTA SAUCE

CANNED FRUIT

CEREAL

OLIVA OR CANOLA OIL

LAUNDRY DETERGENT

DISH DETERGENT