

Back to School News!



Fall 2018

Volume 3, Issue 3

Day Trippers

We have an amazing collaborative relationship in place with the *Warren Parks & Recreation Department*. Through this collaborative effort, we are able to offer the members of our Community some pretty amazing coach bus trips! Here's a sample of what we have coming up:

Leaf Peeping in Vermont. Sat., Oct 13—Sun., Oct 14; \$265.00 pp/ do includes overnight accommodations, dinner Saturday evening, breakfast Sunday morning, tour / treat at *Ben & Jerry's Factory*, admission to the *Shelburne Museum* transportation, driver gratuity, snacks and so much more!. A visit to Quechee Gorge, tour of

the *VT Teddy Bear Factory* and *Magic Hat Brewery*, too!

Broadway Your Way! Sunday, November 11; Cost TBD and will include your matinee performance ticket, deluxe motor coach transportation. Choose from one of three amazing Broadway shows: *Book of Mormon*, *Beautiful* or *Come from Away*.

Macy's Day Parade Balloon Inflation! Wednesday, November 21; \$55.00 includes your deluxe motor coach transportation, driver gratuity and snacks. Experience this iconic event and still be home in time for turkey!

Contact us to register!

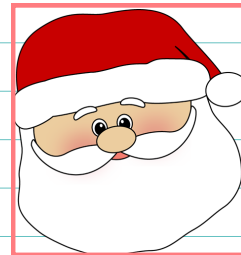
Photos with Santa!

A fun new offering for the Community!

Join us for a personal photo shoot with Santa! Choose from three different Holiday scenes, one, two or all three! Appointments are encouraged, but drop-ins are also welcomed.

Sat / Sun, Nov. 3 & 4

Please watch our website for more information!



Special points of interest:

- ✓ LIKE us on *Facebook* to stay up to date on all of our upcoming events!
- ✓ Visit our webpage on the Town's website for current happenings— <https://www.townofmorrisct.com/morris-beach-and-recreation>
- ✓ Share your email address to receive B & R news directly to your inbox!

Community Hike Series

We are so blessed to live in such a beautiful part of the state. Outdoor recreational opportunities abound!

We all know the benefits of getting regular exercise, such as hiking—improved cardio-respiratory fitness, lower risk of high blood pressure and reduced depression and better quality sleep—to name a few. With work and family obli-

gations, finding the time can be a challenge.

We're here to help! Set aside a few Sunday mornings over the next two months and join us for our new series:

Community Hikes!

Grab the kids, bring your friendly leashed dog, water bottle and join us! Meet us directly at each designated location. Hikes begin at **10:00 am**.

Sunday, 9/24—*Lake Trail / White Memorial*, Litchfield (meet at the WMCC parking lot)

Sunday, 10/7—*Bee Brook*, Washington (meet in the 2nd lot on Rt. 47—across from FD)

Sunday, 10/21—*The Pinnacle*, Washington (park at the Blue Circle head on Sabbaday)

Sunday, 11/4—*Steep Rock*, New Preston (meet in larger lot on River Rd.)

Morris Beach & Recreation Commission:

- Lisa Harrison, *Chairman*
- Kathy Bugnacki, *Secretary*
- Kelly Taylor, *Treasurer*
- Jamie Kepplar
- Stephanie Paletsky
- Dwayne Pond

Kristen Davila, *Director*

860-567-7437

Morrisrctr@optonline.net

Holiday Fun!

We have some great Holiday fun lined up for you this Season!

Our *Breakfast With Santa and Mrs. Claus* event will return this year. What's better than a few pancakes with Mr. and Mrs. Claus?!

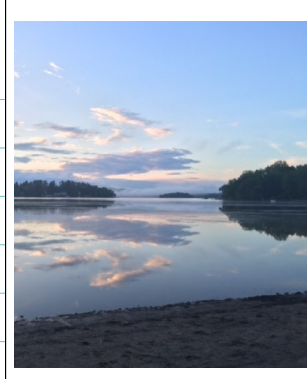
We'll also be bringing back our annual *Tree Lighting Ceremony* with a few new changes! A new date along with a community dinner and more!

We're also bringing back our extremely popular *Trivia Night* in early Spring and we've added a new adults-only event—*Comedy Night at South Farms!*

Please keep your eye on our website and [Facebook](#) page for more details. Do share your email address with us to receive up to the minute information about all of our programs.

Have a suggestion for a program? Please reach out and share it with us.

We appreciate your support of our efforts through Morris Beach and Recreation!



POUND

We are thrilled to partner with POUND fitness instructor, Julianna Nevers and offer this exciting new fitness class to our Community!

Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out! The workout is easily modifiable and the alternative vibe and welcoming philosophy appeals to men and women of all ages and abilities. This will be an eight-week session beginning Monday, September 24. Class is held from 7:00 pm - 8:00 pm at the James Morris School gymnasium. Cost is \$50.00 for the 8-week session. Drop in rate of \$10.00 per class. Checks made payable to *Morris Beach & Rec.*

Morris Karate

Looking for an after school activity to keep your child active while gaining focus, experiencing camaraderie and self discipline? Then Morris Karate with instructor Sherry Oliver is for you! Varying disciplines and levels available for each and every student.

Class meets for 6 weeks beginning the week of September 6.:

Wed - Beginners from 6:00 - 7:00 pm
Wed - Advanced from 7:00 - 8:00 pm

Thurs - Little Dragons from 3:30 - 4:30 pm
Thurs - All Ranks class from 4:00 - 5:00 pm
Thurs - Weapons class from 5:00 - 5:30 pm

Cost is **\$60.00** for the series - checks made payable to *Morris B & R*. Easy registration process at first class!

Please contact Sherry Oliver with any specific questions you may have: 203-525-7142.

Fall Soccer Tots

Fall Soccer for Tots age 2, 3 & 4!

The focus of this program will be to introduce the kids to the basic fundamentals of soccer and to have FUN!

Practices will occur on Tuesday evenings from 5:00 – 5:45 pm alternating between the Warren Athletic Fields and the Morris Town Beach Athletic Fields.

Series runs for 5 weeks beginning September 25, 2018. Cost is \$30.00 per player and includes a t-shirt and a pizza party! Checks made payable to *Warren Parks & Recreation*. Please contact us for registration information. We welcome parent helpers!

"Trick or treat, smell my feet, give me something good to eat!"

Halloween Costume Ball!

Sunday, October 28 ~ 2-4 pm

at the Morris Town Hall

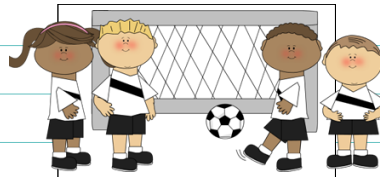
Dress up the family in costume and join us for our first ever Costume Ball!

- Costume parade!
- Costume contests!
- Music and dance!
- Games, prizes and CANDY!

K—2 Soccer!

We are thrilled to present this recreational soccer program to K - 2 athletes in the Region 6 District!

(upper field) up at Wamogo beginning Wednesday, September 19 from 5:30 pm - 6:30 pm. It's not too late to join us!



This is a collaborative effort between Warren, Morris and Goshen Recreation Departments, the Wamogo Boys' and Girls' Varsity Soccer Teams and Coach Pat O'Dell!

Cost is \$30.00 per athlete and includes a t-shirt and a pizza party! (Please make checks payable to: *Warren Parks & Recreation*.) Registration forms can be found on our website: <https://www.townofmorriscct.com/beach-and-recreation>.

This six-week program will be held at the Boys' Varsity Soccer Field

Lego Fun!

Calling all **Lego Builders** in Grades 1—4! We are proud to offer you this great collaborative program with the *Morris Public Library*.

For four-weeks during scheduled 1/2 days, join us for some **Lego fun!** We'll create a new kit together each week and you will take the completed kit home with you! Snack will also be provided.

Series will be held at the Morris Town Hall on the following dates: **12/12, 1/9, 2/6 and 3/6**, immediately following dismissal until 3:00 pm.

Pick up at the Morris Town Hall.

Limited seats available—advance registration with B & R required. Cost **\$20.00** per student for the series.